



Name: \_\_\_\_\_

Date: \_\_\_\_\_

## 5 Texts for Teens

Instructions: As the nation's first Teen Nutrition and Fitness Czar, you've been asked by the president to write five catchy and memorable text message slogans that can be sent to students across the country to remind them about reaching and staying at a healthy weight.

A large, dark gray smartphone graphic with rounded corners. The screen is white and contains four text input areas, each labeled "Text 1", "Text 2", "Text 3", and "Text 4" from top to bottom. The phone has a white home button at the bottom center and a white earpiece cutout at the top center.