



Personal Health Series Sportsmanship

Quiz Answer Key

1.	Kids who are polite, play fair, and handle losing well are called <u>good sports</u>	
	a. sore losers	
	b. braggers	
	(c.) good sports	

- 2. Your team just lost the last soccer game of the season. What would a good sport do?
 - a. Yell at your teammates for doing a bad job.
 - (b.) Shake hands with the winners.
 - c. Say mean things to the winning team.
- 3. List three ways to be a good sport:

Any three of the following: Be polite to everyone you're playing with and against; don't show off; tell your opponents "good game!"; learn the rules of the game; listen to your coaches and follow their directions; don't argue with officials; don't make up excuses or blame teammates if you lose; be willing to sit out so others can get in the game; play fair and don't cheat; cheer for your teammates no matter what.

- 4. You're a very good basketball player and a good sport. What do you do when the coach asks you to sit out of the end of a game so another player can have a turn?
 - a. Cry because you really want to score more points.
 - b. Tell your teammates that you're the best player on the team so you should be playing.
 - (c.) Cheer for your team while you sit on the bench.
- 5. Why is it important to be a good sport? <u>Kids who are good sports become known as kids who are fun to play with. Kids might not be as eager to play with someone who gets angry all the time and won't give other players a break.</u>